

## Day 1 – Thursday, 7 March 2019

**09:00 Registration**

**09:15 Setting the scene**

*Dr Ed Richfield, Consultant in Elderly Medicine, North Bristol Trust – Academic Head Faculty*

**10:00 Theme 1: Dementia**

- **Pathophysiology of dementia (brief overview)**

*Dr Ross Dunne, Consultant Old Age Psychiatrist, Manchester Mental Health and Social Care Trust*

- **Evidence for unmet palliative care need in dementia**

*Dr Ross Dunne*

- **Palliative assessment for people with dementia**

*Dr George Crowther, Consultant in Old Age Liaison Psychiatry, Leeds and York Partnership Foundation Trust*

**11:30 Break**

**11:45 Cont.**

- **Managing common symptoms to include:**

- Non-pharmacological approach to BPSD

*Jenny Casson, Occupational Therapist, End of Life Partnership, Cheshire*

- Pharmacological interventions

*Dr George Crowther*

**13:00 Lunch**

**13:45 Theme 2: Parkinson's disease**

- **Pathophysiology of PD (brief overview)**

*Dr Jeremy Cosgrove, Consultant Neurologist, Leeds Teaching Hospitals*

- **Evidence for unmet palliative care need in PD**

*Dr Ed Richfield*

- **Palliative assessment for people with Parkinson's**

*Dr Ed Richfield*

**15:15 Break**

- **Managing common symptoms to include:**

*Dr Ed Richfield*

- Pain

- Urinary symptoms

- Swallowing difficulty

- Identification to terminal phase

- Managing PD medications in the terminal phase

**17:00 Q&A from the day**

**17:30 Close for day 1 – Evening Dinner at 19:15**

## Day 2 – Friday, 8 March 2019

**08:30 Registration**

**08:45 Welcome and Overview Day 2 objectives**

**09:00 Theme 3: MS**

- **MS pathophysiology, unmet needs and Spasticity**

*Dr Siva Nair, Consultant Neurologist, Sheffield teaching Hospitals NHS Foundation Trust*

**10:00 Dysphagia**

*Sean White, Home Enteral Feed Dietitian, Sheffield Teaching Hospitals NHS Foundation Trust*

**10:30 Break**

**11:00 Palliative assessments for people with MS and Managing common symptoms to include:**

*Dr Eleanor Smith, Consultant in Palliative Medicine, Sheffield Teaching Hospitals NHS Foundation Trust & Dr Laura McTague*

- Holistic assessment
- Complex symptom control - including pain
- Advance care planning

**12:30 Lunch**

**13:15 Theme 4: MND**

*Prof Suresh Chhetri, Consultant Neurologist, Lancashire Teaching Hospitals NHS Foundation Trust*

- **Brief overview of MND**
- **Palliative care in MND: When, Why and How?**
- **Advance care planning in MND: principles and challenges**

**14:45 Break**

**15:00 Theme 4: MND – Cont...**

*Prof Suresh Chhetri & Pauline Callagher, MND Nurse Co-ordinator, Lancashire Teaching Hospitals NHS Foundation Trust*

- **Symptomatic and supportive management:**
  - Pharmacological interventions
  - Enteral feeding
  - Respiratory support including withdrawal of ventilation
  - The 'MND just in case kit'
- **Recognition of those approaching end of life**
- **Care of the dying**
- **Caregiver burden and support**

**17:00 Close for day and depart**