

WORKSTREAMS: Practical actions to take this year



Data

1. Compile a list of all your MS patients
2. Identify a friendly IT colleague
3. Ask them to link your list to the Patient Administration System (PAS) and to create a dashboard
4. Supplement and link with any bespoke MS information
5. Identify any gaps or errors and update



Patients as partners

1. Volunteer to be a pilot centre!
2. Develop the programme at and with pilot centres
3. Begin to deliver the programme at pilot centres



Audit

1. St.g. to define parameters for audit and disseminate
2. Prepare to use data sources e.g. Blueteq ready for audit (see 'data')
3. Access DMT calculator (RDC), HES data (ST), service component online form (JH)
4. Access MS brain health quality standards
5. Participate in rolling audit (100% agreed)



Social determinants of health

1. Understand how many patients have dropped out of the MS specialist system
2. Develop a screening tool to identify people for inclusion on a high risk register
3. Develop a standard letter for newly diagnosed patients describing the importance of maintaining a healthy lifestyle
4. Design a pragmatic social prescribing study



Wellness and lifestyle

1. Scope your area: what's available already? Can you tap into it?
2. Swap 1 monthly clinic for a wellness and lifestyle clinic for 6 months
3. Monitor the results from that swap...
4. Get to know the needs and motivations of your patients and tailor your info, advice & suggestions

